## Part B Course Outline

Competence and Topics	Hours Allocated
Steer the ship and also comply with helm orders in the English Language	16.0
1.1 Use of magnetic and gyro-compasses	
1.2 Helm orders	
1.3 Change-over from automatic pilot to hand steering and vice versa	
2. Keep a proper look-out by sight and hearing	8.0
2.1. Responsibilities of a look-out, including reporting the approximate bearing of a sound signal, light or other objet in degrees or points	
3. Contribute to monitoring and controlling a safe watch	8.0
3.1. Shipboard terms and definitions	
3.2.Use of appropriate internal communication and alarm systems	
3.3. Ability to understand orders and to communicate with the officer of the watch on matters relevant to watchkeeping duties	
3.4. Procedures for the relief, maintenance and handover of a watch	
3.5. Information required to maintain a safe watch	
3.6. Basic environmental protection procedures	
4. Operate emergency equipment and apply emergency procedures	8.0
4.1. Emergency duties and alarm signals	
4.2. Pyrotechnic distress signals, satellite EPIRBs and SARTs	
4.3. Avoidance of false distress alerts and action to be taken in	
event of accidental activation	
Total Hours (excluding Assessment)	40.0 hours